

Red Famine

by Anne Applebaum

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

⁰¹ **Read Primary Sources**

Find and read survivor testimonies from the Holodomor. Listen to voices history tried to erase.

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⁰² **Research Information Control**

How did the Soviet regime suppress information about the famine? Compare with modern censorship tactics.

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⁰³ **Learn the Geography**

Study maps of Ukraine during 1932-33. Understand which regions were hit hardest and why.

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⁰⁴ **Explore the Economics**

Research Soviet agricultural policy. Why did Moscow prioritize grain exports over feeding its own people?

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⁰⁵ **Connect to Modern History**

Compare the Holodomor to modern famines. What warning signs do they share?

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⁰⁶ **Practice Remembrance**

On November 23 (Holodomor Memorial Day), take time to reflect on the victims and what their deaths teach us.

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⁰⁷ **Share This Story**

Tell someone unfamiliar with the Holodomor about it. Silence serves the perpetrators of atrocities.

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⁰⁸ **Support Archives**

Contribute to or volunteer with organizations that preserve testimony about historical atrocities.