

AI Superpowers

by Kai-Fu Lee

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

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⁰¹ **Learn how AI works**

Take an online course on machine learning fundamentals. Understanding AI's capabilities and limitations will help you navigate the future.

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⁰² **Develop uniquely human skills**

Focus on creativity, empathy, strategic thinking, and complex problem-solving-skills AI cannot easily replicate.

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⁰³ **Stay informed about AI policy**

Follow AI regulation debates. The rules we set now will shape how AI impacts society for decades.

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⁰⁴ **Experiment with AI tools**

Use AI assistants, generators, and analyzers in your work. Hands-on experience demystifies the technology.