

Act Like a Success, Think Like a Success

by Steve Harvey

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

⁰¹ **Name Your Gift Out Loud to One Person**

What's the thing you do that others consistently compliment you on? Say it out loud to someone you trust. 'My gift is...' Saying it publicly is the first act of claiming it.

MON TUE WED THU FRI SAT SUN

⁰² **Act Like Your Future Self for One Day**

Pick one day. How would the version of you who's already successful spend it? What would they work on? What would they say no to? Do that. Just for one day.

MON TUE WED THU FRI SAT SUN

⁰³ **Make One Decision Without Overthinking It**

Pick something you've been debating. Make the call - not the optimal call, just a call. Commit fully. Decision-making is a muscle. Hesitation atrophies it.

MON TUE WED THU FRI SAT SUN

⁰⁴ **Invest in Your Business of One**

What skill, training, or resource would most advance your vision? Allocate real money to it this month - not a lot, but real money. Signal seriousness to yourself.

MON TUE WED THU FRI SAT SUN

⁰⁵ **Protect Your Morning First Hour**

Don't give the first hour of your day to other people's demands. Use it for your vision - reading, planning, creating. The day belongs to whoever controls the morning.

MON TUE WED THU FRI SAT SUN

⁰⁶ **Tell One Person Your Plan**

Saying your goal aloud to someone who will hold you accountable changes the social dynamics of commitment. Pick the person. Tell them. Let the social pressure work.